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## **A.L.I.C.E. TRAINING**

**2/27/2017, 8:00 am**

Recently, the Sioux County Sheriff's Office conducted A.L.I.C.E. training sessions with employees of Northwestern College, Northwest Iowa Rural Electric Cooperative, Unity Christian High School and the Orange City Area Health System.

A.L.I.C.E. is an acronym for Alert, Lockdown, Inform, Counter, and Evacuate. This is common sense base training for violent intruder situations.

So far in 2017, the Sheriff's Office has conducted A.L.I.C.E. training at several Sioux County schools and businesses. For some it's been a refresher; for others it was their initial A.L.I.C.E. training.

The concept that Sheriff's Office A.L.I.C.E. instructors teach is how a person should mentally prepare for a response to a violent intruder. The key parts of being ready is to "Do Something." It also shows the participants the inadequacies of being passive and doing nothing.

The common sense strategies taught are lifesaving options that can be used if anyone finds himself or herself in a violent intruder situation. Deputy Waylon Pollema said, "It's our hope that these proactive defense strategies we're teaching help to develop a survival mindset for all who attend the trainings."

